

The Meadows offers a variety of unique, five-day workshops at our campus in Wickenburg, Arizona. These workshops are available to all interested individuals and specifically address the needs of those who have just begun a recovery process or those who have been on a recovery path and may be stuck or want to deepen their experience. Meadows workshops can also be a source of renewal for anyone who has undergone treatment. Participants work on sensitive issues in a concentrated format allowing them to enhance their personal journey by gaining insight into dysfunctional, embroiled patterns and practicing new relational skills within a safe environment.

SURVIVORS I

Delves into childhood trauma that impacts current day life.

- Conducted weekly with the exception of Thanksgiving, Christmas and New Year's.

SURVIVORS II

Addresses unresolved trauma and self-defeating behaviors that are manifested in dysfunctional patterns. (Prerequisite: Survivors I)

- January 7-11
- February 4-8
- March 4-8
- April 1-5
- May 6-10
- June 3-7
- July 8-12
- August 5-9
- September 9-13
- October 7-11
- November 4-8
- December 2-6

COUPLES

Examines and improves existing intimate relationships.

- January 14-18
- February 11-15
- March 11-15
- April 8-12
- May 13-17
- June 10-14
- July 15-19
- August 12-16
- September 16-20
- October 14-18
- November 11-15
- December 9-13

LOVE ADDICTION/LOVE AVOIDANCE

Explores the interactive cycle between relationship dependence and avoidance.

- January 21-25
- February 18-22
- March 18-22
- April 15-19
- May 20-24
- June 17-21
- July 22-26
- August 19-23
- September 23-27
- October 21-25
- November 18-22
- December 16-20

FAMILY WORKSHOP

Intervenes on dysfunction within the family system and builds family strengths.

- Scheduled upon request.

MEN'S SEXUAL RECOVERY

Offers men healthy alternatives to compulsive sexuality.

- January 28 - February 1
- February 25 - March 1
- March 25-29
- April 22-26
- May 27-31
- June 24-28
- July 29 - August 2
- August 26-30
- September 30 - October 4
- October 28 - November 1
- November 18-22
- December 16-20

WOMEN'S SEXUAL RECOVERY

Addresses sensitive sexual concerns experienced by women. Please call for available dates.

HEALING INTIMATE TREASON: FOR PARTNERS OF SEX ADDICTION

Designed to repair the trauma experienced by partners of sex addicts. Please call for available dates.

REGISTRATION

Contact our Workshop Coordinator at **877.787.2226** to register. Since workshops fill quickly, we encourage making reservations three to four weeks in advance.

COST

Cost of workshops is \$2,925 while Couples workshop is \$4,000. Please call for Family Workshop cost. Workshop prices are subject to change without notice and are not covered by insurance carriers.

LODGING AND TRANSPORTATION

Workshop attendees are responsible for their own lodging and transportation. For information about area lodging, please contact the Wickenburg Chamber of Commerce at 928-684-5479.

PLEASE NOTE

Workshops run Monday through Friday from 8:30 a.m. to 4:30 p.m. Ending times may vary depending on group size. The Meadows has a campus dress code and strict smoking policy. Please consult our Workshop Coordinator for more information.

CANCELLATION/TRANSFER POLICY

An administrative fee will be charged without sufficient advance notice. If you have to cancel or transfer your workshop, please contact our Workshops Coordinator as soon as possible via email: workshops@themeadows.com or phone: 877.787.2226.